KARATESAVATE -BUILDINGK'MPO

It looks like your phrase “KARATESAVATE -BUILDINGK'MPO” refers to the idea of blending **karate** and **savate** (French kick-boxing) to “build” or develop a style of **kumite** (free-fighting/sparring).[1][2]

What is Karate-Savate?

- “Karate-Savate” typically means combining the hand strikes, stances, and etiquette of karate with the **shoe-based kicking**, footwork, and long-range kicking strategy of savate.[3][1]
- Savate adds fast, precise front kicks, side kicks, and roundhouse kicks done in boxing-style shoes, which some modern karate systems have borrowed to make sparring more fluid and competitive.[2][1]

“Building Kumite” with this blend

- In **building kumite** with Karate-Savate, coaches focus on:
    - Using karate-style kamae (stance/ready posture) but moving with the forward-loading, agile steps of savate.[4][3]
    - Adding savate-like kicking combinations (multiple front kicks, side kicks to head and body) while keeping karate-style punching and blocking structures.[1][2]
- This mix makes kumite more dynamic for sport-fighting, especially when punches must be controlled but kicks can score heavily, as in many modern rule-sets.[5][1]

If you tell me:

- whether you mean a **training program**, a **fighting style**, or a **brand/club name**, and
- whether you want **sparring drills** or **technical explanations**,

I can give you a short drill plan or breakdown of Karate–Savate kumite techniques you can practice.

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1. https://www.youtube.com/watch?v=QTAITt-jlFA
2. https://www.karatebyjesse.com/karate-savate-kicks/
3. https://www.youtube.com/watch?v=gPSQoGfYHgk
4. https://www.youtube.com/watch?v=ltFqObiqY2g
5. https://www.linkedin.com/posts/youthstory-india_adityaraj-karate-savate-activity-7301806070987948032-GZnQ
6. https://www.youtube.com/post/UgkxXosAx0W3_yioM297wZW7ku6wLpuVaTR-
7. https://www.instagram.com/reel/DE4-qMEu-nL/?hl=en
8. https://www.tiktok.com/@combatcodes/video/7174783439843921195